

# Figure Skating in Harlem

## PRESS KIT



### who we are

Figure Skating in Harlem helps girls transform their lives and grow in confidence, leadership and academic achievement.

We are the only organization in the world for girls of color that combines the power of education with access to the artistic discipline of figure skating to build champions in life.

### our programs

**I Can Excel (ICE)** - Our premiere after-school program improves student academics, encourages active lifestyles through figure skating and fitness classes, and strengthens leadership skills

**HARLEM ICE** - Our synchronized skating teams are the only two competitive teams comprised entirely of girls of color in the US. These dedicated skaters compete across the eastern seaboard.

**Winter Dreams** - In partnership with the iconic Wollman Rink in Central Park, girls from all over NYC can participate in our 12 week learn-to-skate curriculum

**Summer Dreams** - Our popular summer camp runs for 6 weeks in July and August. Students enjoy daily enrichment classes and cultural trips followed up on-ice instruction

### our vision

To empower every young girl with the skills and foundation to achieve her dreams. She will be a powerful speaker, an effective leader, live a healthy and financially independent lifestyle, and be a global citizen. We aim to bring the benefits of our model program to even more children by creating chapters in other communities.

# MEDIA

## awards

FIGURE SKATING IN HARLEM HAS BEEN RECOGNIZED BY THE **INTERNATIONAL OLYMPIC COMMITTEE, US OLYMPIC COMMITTEE, PRESIDENT OBAMA'S COUNCIL ON FITNESS, SPORT AND NUTRITION**, AMONG OTHERS.

## our pillars



OPPORTUNITY



WELLNESS



EDUCATION



LEADERSHIP

FIGURE SKATING IN HARLEM HAS BEEN FEATURED IN:

- THE NEW YORK TIMES
- FORBES
- TEEN VOGUE
- CBS
- TODAY SHOW
- ESSENCE
- ACCESS HOLLYWOOD
- ASSOCIATED PRESS
- ...AND MORE

## praise

"To see these amazing girls, become amazing women, and do wonderful things for all of us, is incredible."

- Michael "Coach K" Krzyzewski, Head Men's Basketball Coach at Duke University

"Figure Skating in Harlem is a quintessential New York organization. It's about achievement, excellence and community." - Vera Wang, Fashion Designer

"It's exciting to see the young girls, many of whom are getting out on the ice for the first time. Whether you are learning to skate or learning a new move, you fall and have to pick yourself up. You learn to appreciate your own ability." - Meryl Davis, Olympic Champion

Programs like this are needed in every city in the United States. It's amazing how many young people just need that opportunity, and we need to support it in every possible way.

- Scott Hamilton, Skating Icon & Humanitarian

"You put wings on their feet, which become wings on their hearts and wings on their minds - you make it happen" - Gloria Steinem, Activist, Feminist Icon

## contact

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# 1,000+

ALUMNAE WHO HAVE GONE ONTO CAREERS IN FINANCE, FASHION, TECHNOLOGY AND MORE

# 900

HOURS OF PROGRAMMING PER GIRL EACH YEAR

# 2

WE FIELD THE ONLY COMPETITIVE SKATING TEAMS COMPRISED ENTIRELY OF GIRLS OF COLOR IN THE US